29 (Thu)







## 「女性の健康と出産」

谷脇文子(高知女子大学看護学部教授) 東洋子(高知赤十字病院看護部長) 中島信恵(高知県健康福祉部健康づくり課チ ーフ)

女性の健康のプロモーションとリプロダクティブ・ライツノヘルスの考え方の必要性を強調しながら、女性の健康のプロモーターとしての視点の重要性と女性の健康のプロモーションと管理に向けての効果的なアプローチを示した。講義後、研修員は高知赤十字病院を訪れ、妊婦や分娩のための施設や活動を見学した。また、高知市内のプリンクを訪れ、若者の健康のサポートの実際を見た。





## Women's Health and Reproduction

Fumiko Taniwaki (Professor, Kochi Women s University)

Yoko Higashi (Nurse Director, Japan Red Cross Society Kochi Hospital)

Nobue Nakajima (Chief, Healthy Living Division, Department of Pubtc Health and Welfare. Kochi Pretectural Government)

Stressing the necessity of the promotion of women's health and the reproductive rights/health, the lecture showed important viewpoints as a promotion of women's health and effective approaches toward the promotion and control of women's health. It also explained maternal and child health administration in Japan. After the lecture, participants visited Kochi Red Cross Hospital to see its facilities and activities for pregnant mothers and for parturition. They also visited Peer Rapport in Kochi city to see the actual support for youth health.